Merciful Father, relying on the prayers and example of Abraham and Mary, my father and mother in faith, and of St. Thérèse, my sister in the way of humble confidence, I, __________________________________________, choose, this day __________________, with the help of your grace, to strive with all my heart to follow the Little Way. And so,

~ I firmly intend to fight discouragement, do little things with great love, and be merciful to my neighbor in deed, word, and prayer.

~ I aim to keep before my eyes my poverty, weakness, brokenness, and sin, trusting that my littleness and contrite heart will attract your Merciful Love.

~ I choose to remain always little, not relying on my own merits but solely on yours, dear Lord, and those of the Blessed Mother.

~ Finally, I believe, my God, that you can and will make me into a saint, even if I won’t see it, even if I have to struggle all my life against vice and sin, even if I have to wait until the very end. This blind hope in your mercy, O Lord, is my only treasure.

And now, to confirm my resolve and to console you for so much rejection of your mercy, I OFFER MYSELF, THROUGH THE HANDS OF MARY IMMACULATE, AS A VICTIM OF HOLOCAUST TO YOUR MERCIFUL LOVE, asking you to consume me incessantly, allowing the waves of infinite tenderness shut up within you to overflow into my soul, and that I may thus become a martyr of your love, O my God, and a gift of mercy to so many others. I ask all this in Jesus’ name. Amen.